

## ENR 3.6 EN-ROUTE HOLDING

HLDG ID / FIX /WPT Coordinates	INBD TR (MAG)	Direction Of PTN	MAX IAS (KT)	MNM-MAX HLDG LVL FL / FT (MSL)	TIME(MIN) or DIST	Controlling unit and frequency
1	2	3	4	5	6	7
TRIPOLI VOR/DME (TPI) N323940 E0130919	320	LEFT	265	FL150-FL290	1 1/2	Tripoli Control 120.9 MHz 128.4 MHz
	090	RIGHT	230	FL2000 -FL140	1	
ABU ARGUB VOR/DME (ABU) N322746 E0131010	140	LEFT	265	FL150 - FL290	1 1/2	Tripoli Control 120.9 MHz 128.4 MHz
BENINA VOR/DME (BNA) N320728 E0201513	330	LEFT	265	FL150 - FL290	1 1/2	Benghazi Control 126.5 MHz 129.2 MHz
	330	LEFT	230	2000 FT - FL140	1	
KUFRA VOR/DME (KFR) N240914 E0231828	196	RIGHT	265	FL140 - FL290	1 1/2	Tripoli FIC HF 11300 HF 5517 TWR VHF121.9
SEBHA VOR/DME (SEB) N265944 E0142735	315	LEFT	265	FL140 - FL290	1 1/2	Tripoli FIC HF 11300 HF 5517 TWR VHF 119.1

**INTENTIONALLY  
BLANK**